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# **Plan-18: A Workbook Containing Legal Documents For Anyone Turning 18 Years Of Age Or Older**



A workbook containing legal documents for  
anyone turning 18 years of age or older

- Advance Health Care Directive
- Medical Information Release Form (HIPAA Release Form)
- Durable Power of Attorney
- Permission to Speak Letter

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## Synopsis

Are you 18 years of age? Are you the parent of an 18 year old young adult? If you answered Yes to either one of these questions: were you aware that once a young adult turns 18 years of age, doctors, nurses, financial institutions, and/or school faculty are no longer required to share information with parents unless written permission is given to them by the young adult? Well then, the Plan-18 workbook was created just for you! It contains all of the necessary legal documents, along with easy-to-follow instructions, to help you prepare in advance for a medical emergency, income tax preparation and/or certain financial transactions. (Especially important if the young adult is, or will be, away at college.) Do you have these documents? Advance Health Care Directive Medical Information Release Form (HIPAA Release Form) Durable Power of Attorney Form Permission to Speak Letter Be sure to add the Plan-18 workbook to your check-list of "Things to do," once a young adult turns 18 years of age and especially before he or she leaves for college.

## Book Information

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